



Rajiv Lochan
Ayurved Medical College & Hospital
First NABH Accredited Ayurveda Hospital in Chhattisgarh
Chandkhuri, Gunderdehi Road, Durg, Chhattisgarh



INDUCTION PROGRAMME

20TH BATCH
2022-23



RLAMC





Rajiv Lochan

Ayurved Medical College & Hospital

First NABH Accredited Ayurveda Hospital in Chhattisgarh

Chandkhuri, Gunderdehi Road, Durg, Chhattisgarh



INDUCTION PROGRAMME

20TH BATCH

2022-23





Rajiv Lochan
INDUCTION PROGRAMME



Rajiv Lochan
Advanced Medical College & Hospital
INDUCTION PROGRAMME





Rajiv Lochan
Ayurved Medical College & Hospital
First NABH Accredited Ayurved Hospital in Chhattisgarh
Chandrabani, Gunderwala Road, Durg, Chhattisgarh

INDUCTION PROGRAMME
BATCH
2-23







Know regulatory bodies and statutory
bodies and major AYUSH institution

Dr. Preeti Ukey
Asst. Prof. RNVV







Rajiv Lochan Approved
Medical College
& Hospital
Durg (C.G.)







Snellen's Chart

Snellen's Chart

Visual acuity is the ability to see objects clearly. It is measured by the size of the letters on the chart. The chart consists of letters of different sizes, and the smallest letter that can be read is used to determine the visual acuity.

Eye Exercise

Regular eye exercises can help improve visual acuity and reduce eye strain. Some exercises include:

- 1. Blinking: Blink frequently to keep the eyes moist.
- 2. Focusing: Alternate between looking at a near object and a far object.
- 3. Eye Rotation: Rotate the eyes in different directions.
- 4. Eye Staring: Stare at a fixed point for a few seconds.

HYPERMETROPSIA

Hypermetropia is a refractive error where light rays focus in front of the retina. This causes blurred vision, especially for near objects. It is caused by a short eyeball or a lens that is too weak.





कच्ची औषधी कक्ष









BIO-MEDICAL WASTE MANAGEMENT

Presented by
Dr. Chirubakant Upadhyay
(Assistant Professor)
Department of Shalaky Tantra, RJMC&H, Durg



BIO-MEDICAL WASTE MANAGEMENT

Presented by
Dr. Chandrakant Upadhyay
(Assistant Professor)
Department of Shalakyta Tantra, RLAMC&H, Chandkhuri, Durg









MEDICINE FOR CHILDREN

1. **Antibiotics:** Use only when prescribed. Complete the full course. Do not stop early.

2. **Antipyretics:** Use for fever & pain. Paracetamol is preferred. Avoid Aspirin.

3. **Antihistamines:** Use for allergic reactions. Avoid in young children.

4. **Anticonvulsants:** Use for seizures. Monitor closely.

5. **Antidepressants:** Use only under strict supervision.

6. **Antipsychotics:** Use only under strict supervision.

7. **Cardiovascular drugs:** Use only under strict supervision.

8. **Chemotherapy:** Use only under strict supervision.

9. **Diuretics:** Use only under strict supervision.

10. **Insulin:** Use only under strict supervision.

11. **Local Anesthetics:** Use only under strict supervision.

12. **Local Steroids:** Use only under strict supervision.

13. **Local Anesthetics:** Use only under strict supervision.

14. **Local Steroids:** Use only under strict supervision.

15. **Local Anesthetics:** Use only under strict supervision.

16. **Local Steroids:** Use only under strict supervision.

17. **Local Anesthetics:** Use only under strict supervision.

18. **Local Steroids:** Use only under strict supervision.

19. **Local Anesthetics:** Use only under strict supervision.

20. **Local Steroids:** Use only under strict supervision.

DRUG DOSE FOR CHILDREN

Drug	Age Group	Dose
Paracetamol	6 months - 1 year	100 mg
	1 - 2 years	150 mg
Ibuprofen	6 months - 1 year	50 mg
	1 - 2 years	75 mg
Amoxicillin	6 months - 1 year	250 mg
	1 - 2 years	500 mg
Ceftriaxone	6 months - 1 year	250 mg
	1 - 2 years	500 mg
Clonidine	6 months - 1 year	0.05 mg
	1 - 2 years	0.1 mg
Diazepam	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Phenobarbital	6 months - 1 year	5 mg
	1 - 2 years	10 mg
Valproic acid	6 months - 1 year	100 mg
	1 - 2 years	200 mg
Lorazepam	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Morphine	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Fentanyl	6 months - 1 year	0.05 mg
	1 - 2 years	0.1 mg
Nitroglycerin	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Atropine	6 months - 1 year	0.05 mg
	1 - 2 years	0.1 mg
Hydrocortisone	6 months - 1 year	5 mg
	1 - 2 years	10 mg
Prednisolone	6 months - 1 year	5 mg
	1 - 2 years	10 mg
Dexamethasone	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Methylprednisolone	6 months - 1 year	5 mg
	1 - 2 years	10 mg
Betamethasone	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Triamcinolone	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Fluocortidone	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Methylglucaminacetonide	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Betamethasone valerate	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Fluocortidone valerate	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Methylglucaminacetonide valerate	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Betamethasone dipropionate	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Fluocortidone dipropionate	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Methylglucaminacetonide dipropionate	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg

स्वर्ण प्राशन संस्कार (आयुर्वेदिक)

1. **Preparation:** Use pure gold (24K) and cow milk. The gold should be in the form of small pieces.

2. **Procedure:** The gold is dissolved in cow milk and then mixed with honey. The mixture is then heated and filtered.

3. **Benefits:** It is believed to improve digestion, increase energy, and promote overall health.

4. **Contraindications:** It should not be used in children with diabetes, liver disease, or kidney disease.

5. **Precautions:** It should be used in small amounts and only once a day.

6. **Storage:** It should be stored in a clean, dry container.

7. **Cost:** It is a costly preparation due to the use of pure gold.

8. **Availability:** It is available in some traditional Indian medicine stores.

9. **Research:** There is limited scientific evidence to support its benefits.

10. **Conclusion:** It is a traditional preparation that is believed to have health benefits, but it should be used with caution.

DRUG DOSE FOR CHILDREN

Drug	Age Group	Dose
Paracetamol	6 months - 1 year	100 mg
	1 - 2 years	150 mg
Ibuprofen	6 months - 1 year	50 mg
	1 - 2 years	75 mg
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	1 - 2 years	500 mg
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	1 - 2 years	500 mg
Clonidine	6 months - 1 year	0.05 mg
	1 - 2 years	0.1 mg
Diazepam	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Phenobarbital	6 months - 1 year	5 mg
	1 - 2 years	10 mg
Valproic acid	6 months - 1 year	100 mg
	1 - 2 years	200 mg
Lorazepam	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Morphine	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Fentanyl	6 months - 1 year	0.05 mg
	1 - 2 years	0.1 mg
Nitroglycerin	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Atropine	6 months - 1 year	0.05 mg
	1 - 2 years	0.1 mg
Hydrocortisone	6 months - 1 year	5 mg
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Dexamethasone	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
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	1 - 2 years	1 mg
Fluocortidone	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Methylglucaminacetonide	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Betamethasone valerate	6 months - 1 year	0.5 mg
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Fluocortidone dipropionate	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg
Methylglucaminacetonide dipropionate	6 months - 1 year	0.5 mg
	1 - 2 years	1 mg



SUBMITTED BY -
BAMS 4th PROF.
13 BATCH
YEAR-2019-20





BAMS 4 PROF.
13 BATCH
YEAR-2019-20





Treatment
A. Conservative (Nonoperative) antibiotic
B. Surgical - Drainage of pus. Should have a strict aseptic attention of hygiene

When signs appear of disease state



31
पंचकर्म
मेल वार्ड

22/12/22
पुस्तक प्रदर्शन
संख्या ७-११-२९

PLEASE
TURN OFF

PLEASE
TURN OFF

PLEASE
TURN OFF

PLEASE
TURN OFF

केन्द्रीय
आयुर्वेद औषधियों में पंचकर्म चिकित्सा

पंचकर्म यूनिट

AN ANATOMICAL MODEL ROOM


WARNING
CCTV
24 HR VIDEO SURVEILLANCE

वैद्यक केंद्र
वैद्यक केंद्र
वैद्यक केंद्र


वैद्यक केंद्र
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वैद्यक केंद्र





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Chandigarh, Gurbakshi Road, Durg Chandigarh



TRANSITIONAL CURRICULUM
20TH BATCH
2022-23

COMPUTER SKILL

Presented By
Dr. Dharampal Singh Thakur
M.D. (P) (A)
Asst. Professor (Ayurved) (P)
BATCH 2022



वदतु संस्कृतम्







PERSONAL HYGIENE AND PHYSICAL HEALTH

Dr. [Name]
[Institution]
[Address]
[Phone Number]



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& Hospital
Durg (C.G.)



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Durg, Chhattisgarh

TRANSITIONAL CURRICULUM
20TH BATCH
2022-23

SPORTS, TASKS, ACTIVITIES

Presented by
Dr. Dharampal Singh
M.D. (AYU)
Asst. Professor
RLAMCH, Durg



RLAMC

राजीव लोचन आयुर्वेद चिकित्सा महाविद्यालय एवं चिकित्सालय
सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः

**Rajiv Lochan Ayurved
Medical College
& Hospital
Durg (C.G.)**



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सर्वे भद्रानि कुरुते, सर्वे सन्तु निराश्रयाः

Rajiv Lochan Ayurved
Medical College
& Hospital
Durg (C.G.)







Non-Lecture hours (NLIH) - Practical Hours

Examination (Papers & Mark Distribution)		
Item	Theory Component Marks	Practical
		Practical
Paper I	100	100
Paper II	100	
Sub-Total	200	
Total marks		400

A woman in a white sari is speaking into a microphone, pointing upwards with her right hand.



RLAMC



सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः

Rajiv Lochan Ayurved Medical College & Hospital

Kritya Sharir

Summary

ATU, KY
Total number of Teaching hours are

Course Name (B.Sc. / B.A.)	Year	Teaching Hours	Total Hours
1st Year (B.Sc. / B.A.)	1st Year	450 Hours	450 Hours
2nd Year (B.Sc. / B.A.)	2nd Year	450 Hours	450 Hours
3rd Year (B.Sc. / B.A.)	3rd Year	450 Hours	450 Hours
4th Year (B.Sc. / B.A.)	4th Year	450 Hours	450 Hours
5th Year (B.Sc. / B.A.)	5th Year	450 Hours	450 Hours
6th Year (B.Sc. / B.A.)	6th Year	450 Hours	450 Hours
7th Year (B.Sc. / B.A.)	7th Year	450 Hours	450 Hours
8th Year (B.Sc. / B.A.)	8th Year	450 Hours	450 Hours
9th Year (B.Sc. / B.A.)	9th Year	450 Hours	450 Hours
10th Year (B.Sc. / B.A.)	10th Year	450 Hours	450 Hours
11th Year (B.Sc. / B.A.)	11th Year	450 Hours	450 Hours
12th Year (B.Sc. / B.A.)	12th Year	450 Hours	450 Hours
13th Year (B.Sc. / B.A.)	13th Year	450 Hours	450 Hours
14th Year (B.Sc. / B.A.)	14th Year	450 Hours	450 Hours
15th Year (B.Sc. / B.A.)	15th Year	450 Hours	450 Hours
16th Year (B.Sc. / B.A.)	16th Year	450 Hours	450 Hours
17th Year (B.Sc. / B.A.)	17th Year	450 Hours	450 Hours
18th Year (B.Sc. / B.A.)	18th Year	450 Hours	450 Hours
19th Year (B.Sc. / B.A.)	19th Year	450 Hours	450 Hours
20th Year (B.Sc. / B.A.)	20th Year	450 Hours	450 Hours
21st Year (B.Sc. / B.A.)	21st Year	450 Hours	450 Hours
22nd Year (B.Sc. / B.A.)	22nd Year	450 Hours	450 Hours
23rd Year (B.Sc. / B.A.)	23rd Year	450 Hours	450 Hours
24th Year (B.Sc. / B.A.)	24th Year	450 Hours	450 Hours
25th Year (B.Sc. / B.A.)	25th Year	450 Hours	450 Hours
26th Year (B.Sc. / B.A.)	26th Year	450 Hours	450 Hours
27th Year (B.Sc. / B.A.)	27th Year	450 Hours	450 Hours
28th Year (B.Sc. / B.A.)	28th Year	450 Hours	450 Hours
29th Year (B.Sc. / B.A.)	29th Year	450 Hours	450 Hours
30th Year (B.Sc. / B.A.)	30th Year	450 Hours	450 Hours
31st Year (B.Sc. / B.A.)	31st Year	450 Hours	450 Hours
32nd Year (B.Sc. / B.A.)	32nd Year	450 Hours	450 Hours
33rd Year (B.Sc. / B.A.)	33rd Year	450 Hours	450 Hours
34th Year (B.Sc. / B.A.)	34th Year	450 Hours	450 Hours
35th Year (B.Sc. / B.A.)	35th Year	450 Hours	450 Hours
36th Year (B.Sc. / B.A.)	36th Year	450 Hours	450 Hours
37th Year (B.Sc. / B.A.)	37th Year	450 Hours	450 Hours
38th Year (B.Sc. / B.A.)	38th Year	450 Hours	450 Hours
39th Year (B.Sc. / B.A.)	39th Year	450 Hours	450 Hours
40th Year (B.Sc. / B.A.)	40th Year	450 Hours	450 Hours
41st Year (B.Sc. / B.A.)	41st Year	450 Hours	450 Hours
42nd Year (B.Sc. / B.A.)	42nd Year	450 Hours	450 Hours
43rd Year (B.Sc. / B.A.)	43rd Year	450 Hours	450 Hours
44th Year (B.Sc. / B.A.)	44th Year	450 Hours	450 Hours
45th Year (B.Sc. / B.A.)	45th Year	450 Hours	450 Hours
46th Year (B.Sc. / B.A.)	46th Year	450 Hours	450 Hours
47th Year (B.Sc. / B.A.)	47th Year	450 Hours	450 Hours
48th Year (B.Sc. / B.A.)	48th Year	450 Hours	450 Hours
49th Year (B.Sc. / B.A.)	49th Year	450 Hours	450 Hours
50th Year (B.Sc. / B.A.)	50th Year	450 Hours	450 Hours
51st Year (B.Sc. / B.A.)	51st Year	450 Hours	450 Hours
52nd Year (B.Sc. / B.A.)	52nd Year	450 Hours	450 Hours
53rd Year (B.Sc. / B.A.)	53rd Year	450 Hours	450 Hours
54th Year (B.Sc. / B.A.)	54th Year	450 Hours	450 Hours
55th Year (B.Sc. / B.A.)	55th Year	450 Hours	450 Hours
56th Year (B.Sc. / B.A.)	56th Year	450 Hours	450 Hours
57th Year (B.Sc. / B.A.)	57th Year	450 Hours	450 Hours
58th Year (B.Sc. / B.A.)	58th Year	450 Hours	450 Hours
59th Year (B.Sc. / B.A.)	59th Year	450 Hours	450 Hours
60th Year (B.Sc. / B.A.)	60th Year	450 Hours	450 Hours
61st Year (B.Sc. / B.A.)	61st Year	450 Hours	450 Hours
62nd Year (B.Sc. / B.A.)	62nd Year	450 Hours	450 Hours
63rd Year (B.Sc. / B.A.)	63rd Year	450 Hours	450 Hours
64th Year (B.Sc. / B.A.)	64th Year	450 Hours	450 Hours
65th Year (B.Sc. / B.A.)	65th Year	450 Hours	450 Hours
66th Year (B.Sc. / B.A.)	66th Year	450 Hours	450 Hours
67th Year (B.Sc. / B.A.)	67th Year	450 Hours	450 Hours
68th Year (B.Sc. / B.A.)	68th Year	450 Hours	450 Hours
69th Year (B.Sc. / B.A.)	69th Year	450 Hours	450 Hours
70th Year (B.Sc. / B.A.)	70th Year	450 Hours	450 Hours
71st Year (B.Sc. / B.A.)	71st Year	450 Hours	450 Hours
72nd Year (B.Sc. / B.A.)	72nd Year	450 Hours	450 Hours
73rd Year (B.Sc. / B.A.)	73rd Year	450 Hours	450 Hours
74th Year (B.Sc. / B.A.)	74th Year	450 Hours	450 Hours
75th Year (B.Sc. / B.A.)	75th Year	450 Hours	450 Hours
76th Year (B.Sc. / B.A.)	76th Year	450 Hours	450 Hours
77th Year (B.Sc. / B.A.)	77th Year	450 Hours	450 Hours
78th Year (B.Sc. / B.A.)	78th Year	450 Hours	450 Hours
79th Year (B.Sc. / B.A.)	79th Year	450 Hours	450 Hours
80th Year (B.Sc. / B.A.)	80th Year	450 Hours	450 Hours
81st Year (B.Sc. / B.A.)	81st Year	450 Hours	450 Hours
82nd Year (B.Sc. / B.A.)	82nd Year	450 Hours	450 Hours
83rd Year (B.Sc. / B.A.)	83rd Year	450 Hours	450 Hours
84th Year (B.Sc. / B.A.)	84th Year	450 Hours	450 Hours
85th Year (B.Sc. / B.A.)	85th Year	450 Hours	450 Hours
86th Year (B.Sc. / B.A.)	86th Year	450 Hours	450 Hours
87th Year (B.Sc. / B.A.)	87th Year	450 Hours	450 Hours
88th Year (B.Sc. / B.A.)	88th Year	450 Hours	450 Hours
89th Year (B.Sc. / B.A.)	89th Year	450 Hours	450 Hours
90th Year (B.Sc. / B.A.)	90th Year	450 Hours	450 Hours
91st Year (B.Sc. / B.A.)	91st Year	450 Hours	450 Hours
92nd Year (B.Sc. / B.A.)	92nd Year	450 Hours	450 Hours
93rd Year (B.Sc. / B.A.)	93rd Year	450 Hours	450 Hours
94th Year (B.Sc. / B.A.)	94th Year	450 Hours	450 Hours
95th Year (B.Sc. / B.A.)	95th Year	450 Hours	450 Hours
96th Year (B.Sc. / B.A.)	96th Year	450 Hours	450 Hours
97th Year (B.Sc. / B.A.)	97th Year	450 Hours	450 Hours
98th Year (B.Sc. / B.A.)	98th Year	450 Hours	450 Hours
99th Year (B.Sc. / B.A.)	99th Year	450 Hours	450 Hours
100th Year (B.Sc. / B.A.)	100th Year	450 Hours	450 Hours

ATU, KY
Examination (Paper & Mark Distribution)



RLAMC

राजीव लोचन आयुर्वेद चिकित्सा महाविद्यालय एवं चिकित्सालय
सर्वे भद्रानु कुर्यान् सर्वे सन्तु निरामयाः

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Whats a need of 'Rasa Shashtra and Bhaishjya kalpana

- It's pharmaceutical science
- To validate the ancient science
- Pharmacodynamics action and Pharmacokinetic action
- New drug discovery
- New drug dosage form
- Toxicity study and Animal experiments
- Clinical trials – Muta & Ampata
- Self life



**Rajiv Lochan Ayurved
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Durg (C.G.)**

POLICY

A course or principle of action adopted or proposed by an organization or individual.

Policy



UNDERSTANDING THE PROCESS OF GROUP LEARNING AND GROUP DYNAMICS

PRESENTED BY
DR. NEHA VERMA,
ASSISTANT PROFESSOR,
BRABHATI TANKRA 15/4/11 STREET, BOUVIBHANG,
RAJIV LOCHAN AYURVED MEDICAL COLLEGE DURG.

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ATUL KJ
Total number of Teaching hours: 400

Category	Hours	Total
Teaching hours (L, T, P)	250	250
Teaching hours (S, D, P)	150	150
Teaching hours (S, D, P) - Reserved	0	0

ATUL KJ
Examination (Paper & Mark)

Item	Examination Marks
Exam	100
Practical	100
Project	100
Total Marks	300

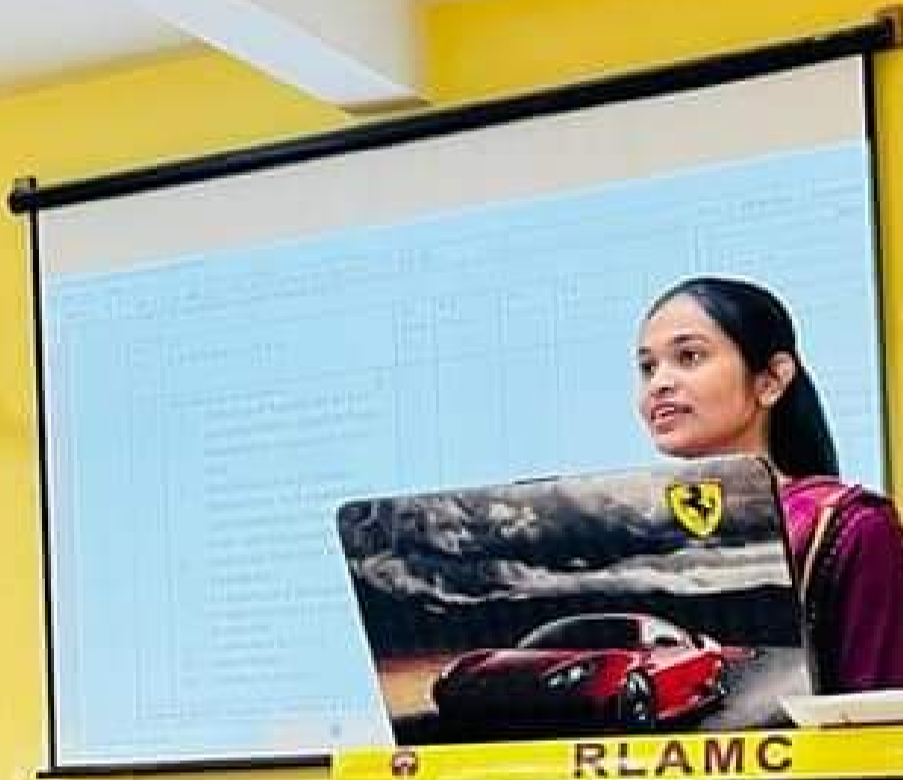


RLAMC



Definition

- **Anatomy** is a branch of biological sciences that deals with the study of form and structure of living organism; may be a plant, may be an animal and that may be human being (insan)
- It is the science of the structure of human body and the relations of its parts.



सर्वे भद्रान् कुर्यात् सर्वे सन्तु निरासयाः

**Rajiv Lochan Ayurved
Medical College
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Durg (C.G.)**







1. Microscopy
2. Centrifugation
3. Autoclave
4. Estimation of blood sugar & cholesterol
5. Estimation of blood grouping
6. Protein precipitation
7. Estimation of blood urea nitrogen
8. Estimation of blood creatinine
9. Salt precipitation
10. Pepsin estimation
11. WBC estimation
12. RBC estimation
13. Hb estimation
14. Hct estimation

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Rajiv Lochan Ayurved
Medical College
& Hospital
Durg (C.G.)

Discussion ,Debate, Tasks

By
ALL 1st Year Teachers

